## **How to Build Your Strength Roster (SR)**

<u>Deadline</u>—All SR must be online by midnight the night before league play. After midnight the level coordinator will be your only access to the online SR.

<u>Online</u>—Log onto the website (www.womenssoftcourtleague.com). Log in using your team user ID and your password. Please remember there is no space between the "m" in team and your team number. From the tennis stats menu page, click on "Edit Team". You will be taken to your team's roster page. At the bottom of this page click on a link entitled "Add to Strength Roster".

Follow these steps—select singles / doubles, next select court position (1 through 4), then select player (from the drop down menu box of your team mates), and click on "Save". Follow this procedure for each player. If a player is sitting out a season playing singles or doubles, place the player in the "NOT ELIGIBLE" position on the SR for whichever they are sitting out. **Every player must be listed on the SR for both singles and doubles.** 

<u>How many per position</u>—Each player listed on the team roster MUST be listed at some position on the SR for singles. Two players minimum MUST be listed at each doubles position.

<u>New players</u>—New players may be added throughout the season (up to a maximum of sixteen per team). The level coordinator will have to add new players to the team's strength roster after the midnight deadline.

<u>Copy of SR</u>—It is required, as well as courteous to your opponent, for you to always present your SR along with your line up for each match.

<u>SR Rule</u>—The general rule regarding SR positions is that a player may MOVE UP ONE OR DOWN ONE position. When in doubt please call your level coordinator for clarification.

Team members (singles or regular doubles teams) cannot move up or down more than one court without permission from their Level Coordinator prior to match day. When playing matches, the #1 court must always be played by the strongest singles or doubles team present, which doesn't have to be the number 1 player(s) on the Strength Roster. Sandbagging is prohibited.

Strength Roster position #1 plays 1st or 2nd court.

Strength Roster position #2 plays 1st, 2nd or 3rd court.

Strength Roster position #3 plays 2nd, 3rd or 4th court.

Strength Roster position #4 plays 3rd or 4th court